



Causes of Type I Diabetes

- Autoimmune Diseases are involved
 - Autoimmune, genetic, and environmental factors, possibly viruses are involved
 - Flu, even cow's milk have been implicated
 - Scientists are just not sure
- Beta cells in Pancreas are destroyed
- Pancreas produces little or no insulin
- Must take insulin to survive

Risk Factors for DM Type I

- Family history
- Caucasian race
- Age under 20
- Free radicals
- Other chemicals & drugs
- Autoimmune response to proteins that resemble beta cells
 - Viruses; Coxsackie family
 - Cow's milk in infancy

Symptoms of DM Type I

- Extreme fatigue and Irritability
- Fatigue or nausea
- Frequent urination
- Slow healing of wounds or sores
- Sudden Onset
- Extreme hunger
- Unusual thirst
- Weight loss